



### Grill

**Hamburger** with caramelized onions, aged cheddar and chipolte aioli on a brioche bun \$8.75

**Turkey Burger** caramelized onions, aged cheddar and chipolte aioli on a brioche bun \$8.75

**Ahi Tuna Burger** with chipotle aioli and a tropical fruit salsa on a brioche bun \$9.00

### Fresh Sandwiches

**Grilled Chicken Breast** with lettuce and tomato, herbed mayonnaise on olive bread \$8.75

**Turkey Breast** with lettuce, tomato, provolone, arugula, herbed mayonnaise on a rustic roll \$8.75

**Club** with turkey, ham, lettuce, tomato, avocado and herbed mayo on country white \$8.75

**Fresh Mozzarella**, tomatoes, basil, pesto, olive oil on a rustic roll \$8.75

**Chicken Sandwich** with chicken salad, tomato and lettuce on olive bread \$8.50

**Tuna Sandwich** with tuna salad, tomato and lettuce on potato dill bread \$8.50

**Egg Salad** with herbed mayonnaise, cucumber, tomato and lettuce on a croissant \$8.50

### Pressed Sandwiches

**Meatloaf** with caramelized onions, aged cheddar and chipolte aioli on country white \$8.75

**Sautéed Spinach and Gruyere** cheese on Multigrain bread \$8.50

**Garden Melt** with caramelized onions, aged cheddar and chipolte aioli on a rustic roll \$8.75

**Mozzarella and Prosciutto**, tomatoes, pesto, sun dried tomato, olive oil on a rustic roll \$8.75

**Turkey Ruben** with gruyere cheese, sauerkraut and chipolte aioli on country white \$8.75

**Barbeque Chicken** with aged cheddar on country white \$8.75

**Grilled Cheese** with gruyere cheese on country white \$7.00

**Breakfast Panini** with eggs, ham, tomato and aged cheddar, pressed on country white bread \$8.50

**Prosciutto & Gruyere** cheese on country white \$8.00

**Chicken Melt** with chicken salad, aged cheddar, and tomato on olive bread \$8.75

**Tuna Melt** with tuna salad, aged cheddar and tomato on potato dill bread \$8.75

### Wraps

**Carne Asada** with romaine, tomatoes, avocado, cheddar, chipolte aioli and black bean and corn relish \$8.25

**Ahi Tuna** with romaine, tomatoes, avocado, cheddar, chipolte aioli and black bean and corn relish \$8.75

**Chicken Caesar** with romaine, aged pecorino, Caesar dressing and croutons \$8.25

**Asian Chicken** with spinach, tomatoes, peppers, cucumbers, carrots, sesame dressing and croutons \$8.25

**Southwestern Chicken** with romaine, tomatoes, avocado, cheddar, chipolte aioli, bean and corn relish \$8.25

### Bowls

**Turkey Patty** with brown rice, beans and mixed vegetables \$8.50

**Carne Asada Beef** with brown rice, beans and mixed vegetables \$8.50

**Chicken** with brown rice, beans and mixed vegetables \$8.50

**Ahi Tuna** with brown rice, beans and mixed vegetables \$8.50

**Salmon** with brown rice, beans and mixed vegetables \$8.50

**Steamed Vegetables** with brown rice and beans \$7.00

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**French Fries \$3.25 / Onion Rings \$3.75**

**Breakfast (served until 11:30 am)**

**Nopalitos Rancheros** with eggs, tomatoes, onions, cactus and cheddar cheese \$8.00

**Huevos Rancheros** with two eggs, corn tortillas, ranchero sauce, beans and rice \$8.00

**Chilaquiles** with eggs, corn tortillas, tomatillo sauce, cheese and tomatoes \$8.00

**Breakfast Burrito** with eggs, ham, avocado, cheddar cheese, tomatoes, jalapeño, bean and corn relish \$8.50

**Egg and Chorizo Burrito** with tomatoes, jalapeño and cheddar cheese \$8.50

**Mediterranean Panini** with eggs, tomato, basil, fresh mozzarella, herb mayonnaise on olive bread \$8.50

**Bagel and Egg Sandwich** with ham, sun dried tomato, aged cheddar cheese and tomato \$8.00

**Croissant and Egg Sandwich** with tomato, aged cheddar and ham \$8.00

**Breakfast Panini** with eggs, ham, tomato and aged cheddar, pressed on country white bread \$8.00

**Croque Madam** with Ham and Gruyere on country white bread topped with Mornay sauce and one egg \$8.00

**Oatmeal** with raisins, brown sugar and milk \$6.00

**Granola** with yogurt \$7.00

**Salads**

**Chopped Salad** with salami, provolone, tomatoes, garbanzo beans, onion, blue cheese and Italian dressing \$9.00

**Ahi Tuna or Salmon** on a bed of Mixed Greens with tomatoes and cucumbers \$9.00

**Spinach Salad** with tomatoes, caramelized onion, goat cheese croutons and balsamic vinaigrette \$8.00

**Greek Salad** with cucumbers, peppers, tomatoes, onion, feta, lettuce and olives \$8.50

**Chef Salad** with romaine, field greens, tomatoes, cucumbers, turkey, ham, provolone and avocado \$9.00

**Caesar Salad** with aged pecorino, and house made croutons \$8.00

**Mixed Greens** with tomatoes, cucumbers and carrots \$7.50

**Chicken Salad or Tuna Salad** on mixed greens \$8.50

*Add Chicken to any salad \$2.50*

**Drinks**

Lemonade \$2.50

Mint Ice Tea \$2.25

Arrowhead Spring Water \$2.25

San Pelligrino Sparking Water \$2.50

Coke, Diet Coke, Sprite \$1.75

**Smoothies \$3.50**

Strawberry

Peach, Pear Apricot

Pineapple Paradise

Mango Tropics

Mocha Java

Chai

**Wine and Beer**

Selection of White and Red Wines \$5.00

Heineken and Corona Beer \$3.50

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